

Fitness Center Rules

- No Food is allowed in the fitness center.
- Children under the age of 16 must have an adult present to work out.
- No children under the age of 14 are allowed in the fitness center.
- During busy times, there is a 30-minute time limit on all equipment.
- Members are responsible for wiping down their machine after each use. You can find towels at the front of the fitness center. Please spray towel, and then wipe.
- Appropriate fitness attire is required.
- All bags, coats, sweaters etc. must be stored in a locker. Please bring your own lock
- No overnight locks, they will be cut off.
- Members must return weights, accessories, and all other equipment after each use.
- Machines are to only be used in way they are intended to be used.
- Please step outside if you must talk on your cell phone.
- Personal music must be played on earphones only.
- Bringing someone in with you who is not a member is prohibited and will result in your membership being canceled.
- Offensive language is not allowed and will not be tolerated.
- Physical altercations will result in being banned from the premises and having your membership canceled.
- No videoing others without permission.
- Do not try to repair a machine if it is not working, tell a staff member.

Rules are subject to change at any time if the WFC deems necessary.

Gymnasium Rules

Everyone who enters the gymnasium must abide by these rules of conduct.

- Sports approved and appropriate clothing and shoes must be worn at all times. No cleats or dress shoes on the basketball court. Shirts are required.
- No sitting/standing/climbing on the bleachers when they are in the closed position.
- Courts must be vacated when the gymnasium is rented.
- All raising and lowering of any equipment will be done by a staff member.
- Athletes must respect walkers, walkers must respect athletes.
- Dunking and hanging from rims is prohibited and will result in removal from the Wright Family Center.
- Mishandling of balls and equipment is prohibited. (no throwing, kicking, etc.)
- Return equipment to the proper area when finished.
- Do not open the exit doors unless there is an emergency.
- Disagreements, disputes, and arguments will be settled in a polite, and nonviolent manner.
- Members, guests, and participants are responsible for any damage resulting from misconduct or misuse of equipment and facilities.
- Members, guests, and participants will conduct themselves in a sportsmanlike manner.
- PROFANITY, SPITTING, UNSPORTSMANLIKE CONDUCT, PROVACATIVE LANDGUAGE AND ACTIONS ARE PROHIBITED.
- Youth under the age of 12 must be physically accompanied by an adult while in the gym.
- The Wright Family Center is not responsible for lost or stolen articles.
- Disciplinary action will be taken if you do not respect staff members.
- Bringing in nonmembers is prohibited, unless a day pass is purchased.
- Failure to do what you are asked by a staff member will result in you being asked to leave the facility. If you do not leave the facility when asked, authorities will be contacted, and you will be banned from the premises.

The Wright Family Center may change the rules at any time if they deem it necessary.

Wright Family Center Code of Conduct

At the Wright Family Center, we are committed to providing a positive, safe, and supportive environment for all our members, guests, and staff. By adhering to the guidelines outlined below, we ensure that everyone can enjoy their fitness journey and contribute to an atmosphere of respect and encouragement.

1. Respect for Others

- **Be Courteous:** Treat all members, staff, and guests with respect. Use positive, supportive language and refrain from using profanity, offensive language, or engaging in aggressive behavior.
- **Personal Space:** Be mindful of others' space, especially in workout areas and group classes. Avoid unnecessary physical contact and respect people's privacy.
- **Social Media Etiquette:** Always ask permission before posting photos or videos that involve others in the facility. Do not share images or videos that could make others feel uncomfortable or violated.

2. Safe Use of Equipment

- **Proper Equipment Use:** Always use equipment as instructed. If you are unsure how to use a machine or piece of equipment, ask a staff member for guidance.
- **Clean Up After Yourself:** Wipe down equipment after each use with the cleaning supplies provided. Return weights, mats, and other equipment to their designated places when you're finished.
- **Report Damaged Equipment:** If you notice any malfunctioning or damaged equipment, immediately report it to staff to prevent accidents or injuries.

3. Hygiene and Personal Cleanliness

- **Clean Attire:** Wear appropriate, clean workout clothing and closed-toe shoes at all times. Avoid wearing jeans or clothing that could impede your movement. You must wear a shirt at all times in our facility unless at an organized school sporting practice with a coach present.
- **Towels:** Use a towel and provided cleaning spray to wipe down equipment after use and to avoid sweat buildup on machines or mats.

4. Behavior and Conduct

- **No Harassment or Discrimination:** The Wright Family Center has a zero-tolerance policy for harassment, discrimination, or any form of abusive behavior, including verbal, physical, or emotional. This includes any behavior that targets individuals based on race, gender, sexual orientation, disability, religion, or any other protected status.
- **No Intoxication or Substance Abuse:** The use or distribution of alcohol, drugs, or any other intoxicating substances is strictly prohibited on the premises. Anyone under the influence will be asked to leave immediately.

- **Noise Levels:** Keep noise to a minimum to avoid disturbing others, especially in fitness areas or gym. This includes but is not limited to loud conversations or using equipment in a disruptive way. Personal music must be played through earphones. Profanity will not be tolerated.

5. Supervision and Age Restrictions

- **Children:** Children under the age of 12 must be supervised by a responsible adult at all times within the facility. Some areas may have additional age restrictions, such as weight rooms, which will be posted accordingly.
- **Parent/Guardian Responsibility:** Parents or guardians are responsible for the behavior and safety of their children in the facility. It is your responsibility to ensure that children are engaged in appropriate activities and are not causing disruptions.

8. Membership and Access Policies

- **Identification:** Members must have their membership QR code available at check-in. If it is not available, you must check in with the employee on staff.
- **Transferring Membership:** Memberships and access codes are non-transferable and must be used only by the individual to whom the membership is issued.
- **Behavioral Violations:** Failure to comply with the Code of Conduct may result in a warning, temporary suspension, or permanent expulsion from the facility.

9. Disciplinary Actions

A. Violations and Warnings

Any behavior that violates the Wright Family Center's **Code of Conduct** or rules of the facility will result in a strike. Strikes will be issued based on the severity and frequency of the violation. The following outlines the process for issuing strikes:

First Strike

- **Verbal Warning or Written Warning:** When a member violates the Code of Conduct or rules of the facility, they will receive a **verbal warning or written warning** from a staff member. This warning will include a clear explanation of the violation and a reminder of the Code of Conduct/Rules. Written warnings will be given to the individual or sent to the email that was provided on the membership application form.
- **Documentation:** The violation and the warning will be documented in the member's file for reference.

Second Strike

- **Written Warning:** If the same member violates the Code of Conduct again after receiving a verbal or written warning, they will receive a **written warning**. This warning

will be delivered in writing and will specify the violation, the previous warning, and the consequences of further misconduct.

- **Final Opportunity:** The written warning will serve as the final opportunity to correct behavior before more severe action is taken.

Third Strike

- **Permanent Ban:** If the member violates the Code of Conduct/Rules of the facility for a third time after receiving two prior warnings (verbal and written), the member will face a **permanent ban** from the Wright Family Center.
 - **Notification:** The member will be notified in writing that their membership has been terminated and they are permanently banned from the facility. No refunds will be issued for unused membership periods.
-

B. Immediate Bans (Severe Violations)

In certain cases, a member's behavior may be so severe that it warrants an **immediate ban** without the issuance of strikes. These violations include, but are not limited to:

- Physical violence or threats of violence
- Theft, vandalism, or trespassing
- Harassment, hate speech, or discrimination
- Sexual harassment
- Substance abuse or intoxication on the premises
- Illegal activities (e.g., drug use or distribution, assault, fraud)
- Recording anyone in the facility without their knowledge. (exceptions are only made for recording of a sporting activity that your child/grandchild/etc. is participating in.)

For immediate bans, the member or guest will be removed from the facility and notified of the permanent ban. No prior warnings are necessary for these severe violations. The Wright Family Center staff and Village of Dieterich Board have the authority to rule if a violation is severe enough to issue an immediate ban.

C. Documentation and Record Keeping

All violations, warnings, and bans will be documented in the member's file, including details of the violation, the date, and the action taken. These records will remain confidential to the extent provided by law with their main purpose being enforcement of this policy.

D. Member Responsibility

Members are expected to be aware of and adhere to the Wright Family Center's **Code of Conduct** at all times. It is the responsibility of each member to behave in a manner that promotes a positive and safe environment for themselves and others.

E. Policy Amendments

Wright Family Center reserves the right to amend this policy as needed. Any changes to the policy will be communicated to all members via email or through posted notices in the facility.

This **Three Strikes and You're Out** policy is designed to be both fair and clear, allowing members a chance to correct their behavior while also holding them accountable.

Policy on Handling Banned Members or Guests

To maintain a safe and secure environment for all members, guests, and staff, the Wright Family Center has a zero-tolerance policy for banned individuals attempting to access the facility after being permanently banned. This policy is designed to protect the safety and well-being of everyone and to ensure that banned individuals do not return to the premises.

Handling Banned Individuals

1. **Non-Engagement Policy**
 - If a member or guest who has been permanently banned from the Wright Family Center is seen on the premises, **staff will not engage or confront the individual** directly. The safety and comfort of our staff, members, and guests are our priority, and any interaction could escalate a potentially unsafe situation.
2. **Reporting and Notification**
 - If a banned individual is observed on the premises by staff, members, or through surveillance cameras, the **immediate course of action will be to notify local authorities**. Staff will contact law enforcement or security personnel, who are trained to handle such situations appropriately.
 - The banned individual will be asked to leave the premises immediately by law enforcement or security personnel. If they refuse to leave or cause a disturbance, appropriate legal measures will be taken.
3. **Security and Surveillance**
 - The Wright Family Center utilizes security cameras in public areas to monitor activity on the premises. If a banned individual is identified on camera, **the same process of contacting local authorities will be followed** to ensure the person is removed without incident.
4. **Member and Guest Cooperation**

- We ask that all members and guests refrain from attempting to confront a banned individual or take matters into their own hands. If you notice a banned individual on the premises, please notify a staff member immediately.
 - Members who encounter a banned individual are encouraged to stay safe and report the situation to staff, rather than engaging directly with the individual.
- 5. Legal Action and Trespassing**
- In cases where a banned individual returns to the facility, they may be charged with **trespassing** or other relevant offenses, as determined by local law enforcement. The Wright Family Center fully cooperates with authorities to ensure the safety and legality of all actions taken.
-

This policy makes it clear that the safety of members, staff, and guests is paramount, and that any banned individual will be handled through proper legal channels, avoiding direct confrontation or escalation. It also empowers staff to act promptly and decisively, while encouraging cooperation from all parties involved.

10. General Expectations

- **Respect the Facility:** Treat the facility, including all equipment, furniture, and property, with care and respect. If you damage something, report it immediately.
- **Adherence to Local Laws:** Members must follow all local and state laws while on the premises.
- **Adherence to rules of the facility:** members must follow all rules of the facility. The facility rules are posted in the gymnasium and fitness center, along with on our website.

Acknowledgment of Policy

- By using the services and facilities of the Wright Family Center, members and guests agree to abide by the terms of the **Three Strikes and You're Out** policy, as well as the **Code of Conduct**. Violations of the Code of Conduct and rules of our facility may result in warnings, your membership being terminated, or a permanent ban depending on the severity and frequency of the violations.